

# COURSE

## EMPOWERMENT COURSE IN LAPAROSCOPY

As you know there is a significant shortage of well trained Surgeons and OB/Gyns to handle Minimal Access Procedures independently with confidence and care, especially in our region.

We at SIMAS understand the main reason for reluctance in learning this futuristic technique is the fear of failure of the practicing surgeons and ob/gyns in mastering this apparently complicated and complex technique.

We at SIMAS has simplified the whole learning process to a enjoyable 5 day packaged residential course with an out look to guide you through the various stages of learning, as well as its applications, empowering the aspirant with full confidence to handle all cases independently.

Practicing surgeons, Gynaecologists and Post Graduate students are the target group.

This course is designed to impart training in basic laparoscopic skills and knowledge in theoretical aspects of minimal access surgery. This consists of Endo trainer sessions, didactic lectures, wet labs and OT sessions. Sessions give special attention to setting up of basic laparoscopic units. Theory part will be handled by expert faculties in this field. Endo trainer sessions will be handled by Mr. Prakash Babu, a veteran with more than two decades experience in Endo training. He is a trainer for many renowned minimal access surgeons in south India.

The lectures, presentations and OT sessions will be handled by eminent faculties under the leadership of Dr SK Ajaiyakumar, Course Director who is a renowned Minimal access and Bariatric surgeon, former Additional Professor of Surgery in Govt. Medical college Trivandrum.

To his credit, he has performed;

1. First Bariatric surgery in Govt. Medical College Trivandrum. It is the first endeavor in public sector hospitals in Kerala.
2. First endoscopic thyroidectomy in Govt. Medical College Trivandrum.

## LAPAROSCOPIC SURGERY TRAINING SCHEDULE (BASIC COURSE)

Training starts daily at 10 AM except Tuesday & Friday

Day	Pelvic Trainer	Live surgery
Tuesday	9-5 pm	6 pm
Wednesday	10-5 pm	6 pm
Wednesday	10-5 pm	6 pm
Friday	NA	9 am to 6 pm
Saturday	10-5 pm	No Surgery

- Working Lunch will be provided on all days.
- The training programme will start from Tuesday and will conclude on Saturday.
- The type of cases (depending on the availability) for basic course are as follows :
  - o Laparoscopic Cholecystectomy.
  - o Laparoscopic Appendectomy.
  - o Laparoscopic Adhesiolysis.
  - o Laparoscopic Ovarian Cystectomy.
  - o Laparoscopic Hysterectomy – TLH
  - o Diagnostic Lap for Infertility, PCOD etc.

### CONTACT US

Dr SK Ajaiyakumar  
www.drajaiyakumar.com  
Course Director and Chief Consultant Surgeon  
Saraswathy Institute of Minimal Access Surgery  
PH : 9447022098, ajaiysk@gmail.com

For Course details, registration and Accommodation:

Dr Merlin Sheema  
Course Coordinator  
Mobile: 8606580728  
saraswathyhospital@yahoo.com

Mr Prakash Babu S  
Minimal Access Surgery Skills Trainer  
Mobile: 9846077444  
sprakashbabu@gmail.com



**SARASWATHY HOSPITAL**  
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**www.saraswathyinstitutions.com**

## EMPOWERMENT COURSE IN MINIMAL ACCESS SURGERY



**Dr. S.K Ajaiyakumar**  
(MBBS, MS, FMAS, FIAGES, FAIS, PGDHA, PGDHSc (Diabetology), MHA)  
www.drajaiyakumar.com



### LIST OF FACULTY MEMBERS

- DR. JOHN AC THANAKUMAR
- PROF. K P HARIDAS
- DR BAIJU SENADHIPAN
- DR T SIVAKUMAR
- DR AJIT RAGHUVARAN
- DR SK AJAIYA KUMAR (COURSE DIRECTOR)



**The Saraswathy Institute for Minimal Access Surgery & Research's mission is to deliver high quality Endoscopic Surgical Skills development courses.**

### EXCLUSIVE FEATURES

- One to One hands on mentoring by outstanding experts
- 20 hours of loaded intensive coaching in the Skills Lab
- Training documentation & evaluation at every stage
- Imparting Tension Free & Easy Intra-Corporeal Knotting Techniques
- Ultra Short Learning curve assured.
- 20 hours in the OT for procedure related live surgery demonstration.
- Veress needle & Trocar insertion opportunity for all.
- Wet lab practice session on Endo Electro-Surgery.
- Ample Study Materials and DVDs
- Course Certificate



### SARASWATHY INSTITUTE FOR MINIMAL ACCESS SURGERY

Saraswathy Institute of minimal access surgery is a centre par excellence in Saraswathy hospital, Parassala, Trivandrum. Saraswathy hospital was started in 1992 as an evening clinic. Now it is a 200 bedded multi specialty hospital with Saraswathy College of Nursing offering BSc nursing and MSc nursing courses, as our sister concern.

Minimal access surgery was started here way back in 2002.

It slowly grew and developed into a centre for advanced laparoscopic surgery, metabolic surgery and bariatric surgery. It has been giving informal training to surgeons over a decade.

Now SIMAS is launching formal training programme in Basic laparoscopy for Practicing Surgeons and Gynecologists.

This academic programme is a well structured course with Endo training sessions, wet lab and OT exposure.

The centre routinely performs 80-90 cases per month including Basic ,advanced laparoscopic procedures, and Bariatric surgery procedures.

Mini gastric Bypass, Sleeve Gastrectomy, Endoscopic Thyroidectomy, Minimally Invasive Video Assisted Thyroidectomy (MIVAT) are it's high lights.

### COURSE CERTIFICATE

A Course certificate will be issued on the successful completion of the course and the name will be published on the Institute's official website.

### THE TRAINING VENUE:



Saraswathy Hospital, Parassala, Thiruvananthapuram - 695502  
Phone: 0471 2201898, 2202898, 2202598  
Email: saraswathyhospital@yahoo.com



**YES...  
I CAN !**



**SIMAS**  
**SARASWATHY INSTITUTE FOR**  
**MINIMAL ACCESS SURGERY**

www.simas.co.in

Saraswathy hospital, Parassala, Thiruvananthapuram - 695502  
Phone: 0471 2201898, 2202898, 2202598  
Public Relations Officer : 9645081688, 8606060668  
Email: saraswathyhospital@yahoo.com

**REGISTRATION FORM**

Name: Dr.....

Qualification & Designation:.....

Name of Institution & Address :.....

.....

Phone:.....Email.....

PG Student ☐ Sr. Resident ☐ Practicing Surgeon ☐

Food: Veg ☐ Non-veg ☐

Training fees:.....

Total amount.....DD No:.....Dated.....

Bank Name.....

### TRAINING FEE

The course fee is Rupees 50,000 (US\$ 950 for foreign candidates). The course fee doesn't include accommodation. Since only six candidates are taken in a batch, advanced registration is required.